



PROUDLY PRESENT ON BEHALF OF TRIATHLON SOUTH AFRICA

- 2024 Africa Triathlon Cup Maselspoort
- 2024 Africa Triathlon Junior Cup Maselspoort
- South African Sprint Elite Triathlon Championships
- South African Sprint Age Group Triathlon Championships
- Youth South African Triathlon Championships (12-15)
- Para Triathlon Invitational Event

**Sunday 3 March 2024**

**VENUE:** MASELSPOORT  
BLOEMFONTEIN  
FREE STATE SOUTH AFRICA

Our GPS Co-ordinates: 29°01'55.1"S 26°24'16.0"E



**1. Entrance at Maselspoort:**

R70.00 per person

(Athletes using accommodation of Maselspoort do not pay any entrance fee)

1. The entrance fee is daily per person.
2. And the gate **ONLY** opens 07h00 on Sunday 3<sup>rd</sup> March 2024

**3. Booking at Maselspoort:**

Either per phone or email (no online bookings).

Also, required to book minimum of **two nights**.

+27 (51 441 7848)

conference@maselspoort.co.za

TEL NR: (+27) 51 441 7848

EMAIL ADDRESS: conference@maselspoort.co.za

## 2024 Africa Triathlon Cup Maselspoort And 2024 South African Elite Sprint Championships

**Entries** Through the TRI website (SA athletes through TSA office)

**Entry fees** 55 US Dollar (R1035.00)

### Registration

1. Date: Saturday 2<sup>nd</sup> March 2024
2. Time: 17h00
3. Venue: Kopana Nokeng:  
GPS co-ordinates: 29.097197, 26.329763
4. Copy of identity document or original ID book or passport
5. Trisuit and Bike - **INSPECTION** With race pack collection
6. Paid in South African Rand
7. Prize money as per TRI ruling

## 2024 Africa Triathlon Junior Cup Maselspoort

**Entries** Through the TRI website (SA athletes through TSA office)

**Entry fees** R750.00

### Registration

1. Date: Saturday 2<sup>nd</sup> March 2024
2. Time: 17h00
3. Venue: Kopana Nokeng  
GPS co-ordinates: 29.097197, 26.329763
4. Copy of identity document or original ID book or passport
5. Tri suit and Bike - **INSPECTION** With race pack collection
6. Paid in South African Rand

## South Africa Age Group Sprint Triathlon Championship

**Entries:** Through the Easy reg portal (you need a code from your region)

**Entry fees:** R700.00

### **Registration:**

Your regional team manager will collect your race pack

Own race belt and safety pins are required

Race number, helmet and bike numbers will be provided

Own swim caps (in bright colours) is required

**You only allowed to race in your regional suit (or a black no branded suit) NO OTHER SUIT WILL BE ALLOWED**

**On podium either regional tri suit of track suit with running shoes**

## South Africa Youth Triathlon Championships (12-15)

**Entries:** Through the Easy reg portal (you need a code from your region)

**Entry fees:** R486.00

### **Registration:**

Your regional team manager will collect your race pack

Own race belt and safety pins are required

Race number, helmet and bike numbers will be provided

Own swim caps (in bright colours) is required

**You only allowed to race in your regional suit (or a black no branded suit) NO OTHER SUIT WILL BE ALLOWED**

**On podium either regional tri suit or track suit with running shoes**

## Para Invitational Event

**Entries:** Through the Easy reg portal (you need a code from your region)

**Entry fees:** R486.00

### **Registration:**

Your regional team manager will collect your race pack

Own race belts and safety pins are required

Race number, bike and helmet numbers will be provided

Own swim caps (in bright colours) is required

## ADDITIONAL INFORMATION

1. **Airport:** Bram Fischer, Bloemfontein, Free State, SA  
(15km from venue)
2. **Hospital:** Busamed +27(0) 51 412 4200  
(15km from venue)
3. **Accommodation:**
  - Maselspoort Resort +27(0)51 441 7848
  - River of Joy +27(0)83 462 7522
  - Kopana Nokeng Lodge +27(0)51 813 9130
  - Road Lodge Airport +27(0)51 411 0200
  - Bagamoya +27(0)83 497 7550
  - Tuff Top Lawns +27(0)82 899 3119

4. **Transport:**

Phalima shuttle  
(+27) 82 575 1549  
[info@phalimashuttle.co.za](mailto:info@phalimashuttle.co.za)

5. **Bike Mechanic:**

Enduroplanet  
(+27) 76 551 2783  
Shop 17 Pretty Gardens Du Plessis and Faan Ferreira ave Langehovenpark Bloemfontein4

6. **Photos:**

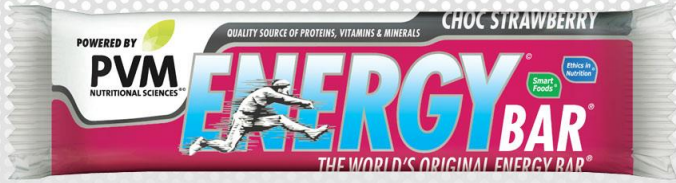
(+27)84 779 9949

7. **Results:**

Finish time  
[gertjie@finishtime.co.za](mailto:gertjie@finishtime.co.za)

LOC Contact details  
Christa Roestoff  
(+27) 737185427  
[president@fstriathlon.co.za](mailto:president@fstriathlon.co.za)

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